

Angry? Express it with food!



Chef Thomas takes a look at a salad presentation

by **Ashok Kumar Shaw**

Chennai: Usually, after a draining corporate meeting, officials head to the bar to network and get the scoop of the day. But the seventh edition of the Custommerce National Convention, which ended on Thursday at the Hyatt Regency, saw corporate employees, delegates, and officials from world over, bond over a contest that had them experimenting with food that reflected human emotions.

Eight corporate teams with eight members each made salads that showcased emotions such as despair, anger, hate and joy. Each team came up with a unique concept. One team, that was asked to reflect despair, chose an all-yellow theme, incorporating pastas and cheese, with an orange, to show a human face that bordered on hopelessness.

Another team, asked to reflect anger, chose an

apple, carving an envious, scornful human face on it, with two green chillies inserted from both ends to provide it with the desired effect. Another team went for different types of chillies to prepare a dish that showed hate.

"Reflecting human emotions through food requires creativity, and these corporate employees, who are mostly involved in boardroom meetings, surprised me with their creations," said Hyatt's executive chef Thomas, who judged the contest.

The team which had to emote joy through their salad won the contest. What was interesting was that the team members were selected for various emotions through a draw at the beginning of the convention. Hence, though being from different companies, they had no choice but get along with each other for the greater good of the team.

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